

# A PRE-PLAY CHECKLIST

*These is a collection of suggestions we've found useful; we hope you find them helpful as part of your conversation before playing.*

- [ ] We have discussed what we do and don't want to do together, and understand each other's boundaries for play and needs for after playing.
- [ ] We have a plan for communicating during the scene, and understand:
  - how to check in on each other's mental and physical state;
  - how to signal each other to slow down, pause, and end play;
  - what saying "no"/"stop"/etc. mean in this scene;(end play immediately? pause and check in? pay close attention? nothing in particular?)
  - when we can or can't give consent to new activities.(after drinking/drugging? during play? while restrained? after coming? etc.)
- [ ] We have gone over our physical, mental, & emotional health concerns.
- [ ] We have a bodily fluids/safer sex plan.
- [ ] We understand what language to use and to avoid when referring to each other and each other's bodies.  
(pronouns; body parts; insults; endearments; honorifics...)
- [ ] We have reviewed the party rules and talked with our hosts (or DMs/party crew/etc.) about things that may be of concern to them.  
(blood; fire; piss; consensual non-consent; etc.)
- [ ] We know where our scene will fall in the territory between affirmative consent and consensual non-consent.  
(see other side for some ways of thinking about this)

## A FEW THINGS TO BE CAUTIOUS ABOUT

- Pressure to play (especially with pick-up play).
- Uninvited participation in scenes & aftercare.
- Folks with lots of Scene prestige.  
(party promoters; 'community leaders'; etc.)
- Self-appointed mentors, etc.
- Spaces with unclear rules and expectations.  
(after-parties; etc.)
- Drinking/drugging while playing.
- Roofies and other non-consensual drugging.
- Toy hygiene and other safer play practices.

## SOME WAYS OF THINKING ABOUT DOING CONSENT DURING SCENES

**Favorite Things Only**  
"these and nothing else"  
(*exhaustive yes list*)

**Active Consent**  
"ask before you try it"  
(*illustrative yes list*)

**Passive Consent**  
"try it and i'll tell you"  
(*illustrative no list*)

**Hard Limits Only**  
"anything but these"  
(*exhaustive no list*)

**Safe Word**  
"red means no"

**Plain Language**  
Active Consent "yes means yes"  
Passive Consent "no means no"

**Consensual Non-Consent**  
"no means nothing"

## SOME RESOURCES ON CONSENT

- NYC Consent Working Group:  
[fetlife.com/groups/51283](http://fetlife.com/groups/51283)
- [www.consentculture.com](http://www.consentculture.com)
- [www.kinkabuse.com](http://www.kinkabuse.com)

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